



SECONDARY SCHOOL PHYSICAL ACTIVITY FUND October 2021

Closing Date: 5:00pm 22nd October 2021

This funding has been secured through the Sport Ireland Restart & Renewal Covid-19 Grant.

This initiative supports the development of programmes in schools that can advance sport and physical activity participation post-COVID 19.

The vision of this fund is to support schools to promote the wellbeing of students by encouraging good daily and/or weekly physical activity habits. The programme should create and facilitate a wellbeing and physical activity culture, by promoting the message that physical activity should be incorporated into everyday life.

This fund offers a financial incentive to schools to increase their capacity to promote inclusive and non-competitive activities.

Schools can access funding of up to €2,500 to:

- ✓ *Upskill teacher(s) to expand the range of recreational sports activities offered in the school.*
- ✓ *Purchase sports equipment to support the delivery of inclusive, recreational and non-competitive activities.¹*
- ✓ *Engage a tutor to deliver recreational non-competitive and inclusive sports activities.*
- ✓ *Implement a school programme that fosters the development of link with a local sports club.*

¹ Where funding is being sought is for equipment, one quote must be included with this application.

APPLICATION FORM

1. APPLICANT DETAILS

Name of School:	
Address/Location:	
Name of Principal:	

2. DETAILS OF CORRESPONDENCE POINT OF CONTACT FOR SCHOOL

Name:	
Position in School:	
Mobile Number:	
Email:	
Please confirm that the above details can be retained by CSP: YES <input type="checkbox"/> NO <input type="checkbox"/>	

3. CARLOW SPORTS PARTNERSHIP NEWSLETTER

Would you like to receive a weekly newsletter from us via email? YES <input type="checkbox"/> NO <input type="checkbox"/>	
If the email destination for the newsletter is different than the one above, please insert in this box.	

4. PUPILS

How many pupils are in your school?		
Total	Male	Female

TOTAL	€

DECLARATION

I hereby certify that I have read and understand that the information supplied on this application is complete, correct, and accurate in every respect and it is on that basis only that this application is submitted for consideration and accepted for consideration by Carlow Sports Partnership. I further understand that the submission of any incorrect or inaccurate information will render the application null and void.

SIGNED: (on behalf of the school)

POSITION:

NAME (Block Capitals):

DATE:

CHECK LIST

- I. Declaration is signed by hand.
- II. Breakdown of financial costs is included.
- III. Where funding is being sought is for equipment, one quote is included with this application.
- IV. Application is addressed and stamped correctly.

A completed hardcopy of your application forms should be returned to:

**Deborah Foley
Community Sports Development Officer
Carlow Sports Partnership
Department of Housing, Community and Recreation
Carlow County Council
Athy Road
Carlow
R93E7R7**

Email: deborahfoley@carlowcoco.ie

APPLICATIONS RECEIVED **AFTER** 5:00PM ON 22ND OCTOBER 2021 WILL **NOT** BE CONSIDERED.

THE DECISION OF THE CARLOW SPORTS PARTNERSHIP BOARD OF MANAGEMENT IS FINAL

This programme supports the National Physical Activity Plan for Ireland which states how much physical activity we should be doing. The National Guidelines on Physical Activity for Ireland are based on international expert evidence and describe appropriate levels of health enhancing physical activity for the Irish population. All children and young people should be active, at a moderate to vigorous level, for at least 60 minutes every day. This should include muscle-strengthening, flexibility and bone-strengthening exercises 3 times a week.

This programmes also supports the National Sports Policy 2018 - 2027 to increase participation in sport and physical activity (Action 46, 48, and 49).