

Walking in your local area is a great opportunity to notice things that maybe you wouldn't have noticed before. It is easy to walk by things every day and not actually see them. Mapping your walk is a nice way to take note of what you have seen and record it in a fun way.

It might be the number of houses you pass on a walk down the street, a signpost or a bench or natural features such as trees, hedgerows or rivers. I've included pictures of my walk along the Barrow but your walk may be very different from mine.

There are many different ways to map your walk:

Step 1: Look Around You

If you pay attention to the sights, sounds and smells on your walk, you will have lots of things to record.



Step 2: Map your Walk

There are many different ways to map your walk:

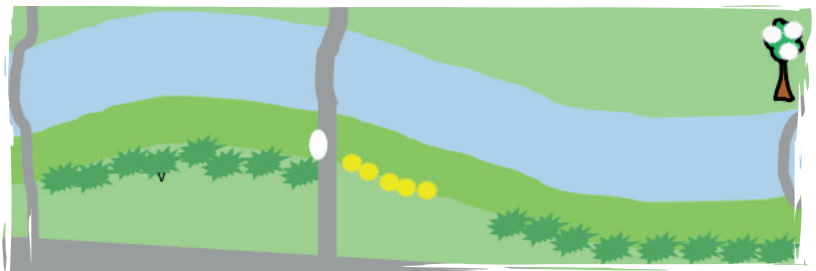
Draw your Walk in Pictures

You can draw your map as a series of pictures joined by arrows. Include the things you remember most from your walk. Normally you wouldn't put people or animals on a map but because this is the story of your walk, you might include things like animals you see or things you like to do on your walk.



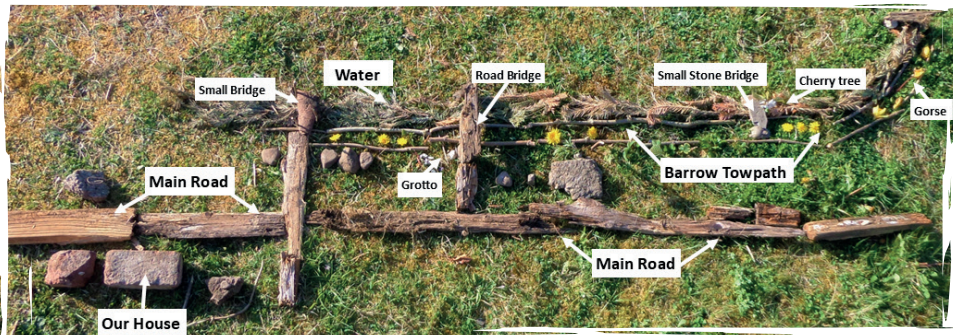
Draw a Map of your Walk

Draw a sketch map that includes the paths or roads you walk along and other features like rivers, bridges or buildings. It doesn't need to be to scale and you don't have to include every road, just the ones you walk on and maybe the positions of other roads that you walk past.



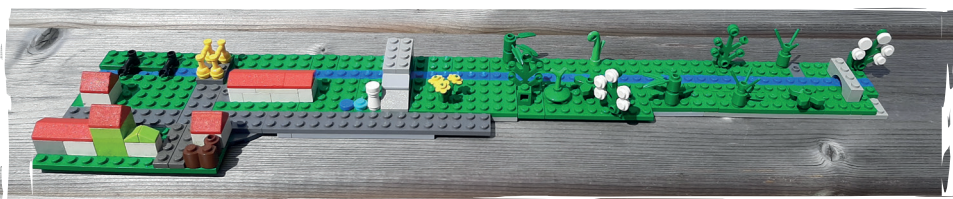
Make your Map Outside

A great way to map your walk is to make a 3D map out of natural materials found in your garden. You can use sticks, leaves and stones to represent roads, buildings, water etc. (See my tutorial on Making a 3D map on heritageinschools.ie/online-tutorials)



Make your Map Inside

If you don't have a garden or don't have enough natural materials outside, you could use objects within the house to construct your map. You can even use Lego to build your 3D map. We like miniature building.



COVID-19: It is important to stay up to date as social distancing guidelines may change over time. The most up to date advice, information and resources can be found on: www.hse.ie and www.health.gov.ie

Nature on Your Doorstep challenge sheet brought to you by Carlow Sports Partnership in collaboration with Wildways Adventures